



Real Life Heroes



	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - 10:00	Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities
10:00 - 10:15	Welcome Games	Welcome Games	Welcome Games	Welcome Games	Welcome Games
10:15 - 11:00	Emergency Vehicle Build	Handprint Fire-fighters	Dental Experiment/ Teeth Poster	Fire-fighters Hats	Hero Split Pin Characters
11:00 - 11:20	Break	Break	Break	Break	Break
11:20 - 12:20	Fitness Challenges	Handball	Adventure/ Outdoor Games	Relay Races	Circuit Challenges
12:20 - 1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 - 2:00	Taking Fingerprints	Thank You NHS	X-Ray Hands	Helping a Vet Science	RNLI Call to Action
2:00 - 2:20	Break	Break	Break	Break	Break
2:20 - 3:15	Football Drills	Virtual Tennis	Sports Hall Athletics	French Boules	Football Rounders
3:15 - 3:30	Celebration	Celebration	Celebration	Celebration	Celebration
3:30 - 6:00	Chill Out	Chill Out	Chill Out	Chill Out	Chill Out

