



## Energy Management Policy

Funtastic Kids uses effective, positive energy management strategies to promote the welfare and enjoyment of children attending the wrap around care setting. Working in partnership with parents, we aim to manage behaviour using clear, consistent and positive strategies. The wrap around care club rules are agreed with children and revisited at the beginning of each term or as when needed. The club rules are clearly displayed and children are encouraged to refer to them and be invested in them.

Holiday camp rules are discussed in our welcome meetings every day.

Whilst attending a Funtastic Kids Holiday Camp or wrap around care club, we expect children to:

- Use socially acceptable behaviour
- Comply with the club or camp rules, which are agreed by the children attending
- Mutual respect, accepting differences of race, gender, ability, age and religion
- Develop their independence by maintaining self-discipline and making good choices
- Choose and participate in a variety of activities
- Ask for help if needed
- Enjoy their time at the camp or club.

### Encouraging positive behaviour

At Funtastic Kids, positive behaviour is encouraged by:

- Staff acting as positive role models
- Children recognising that rules keep everyone safe
- Children being supported to understand what socially acceptable behaviour looks like eg what would I see if you are being kind?
- Older children acting as positive role models
- Praising appropriate behaviour
- Celebrating achievements verbally
- Informing parents about individual achievements
- Celebrating individuals' positive behaviour/achievements with a reward at the celebration time and at our after school clubs by earning reward points or other behaviour systems implemented by the supervisor
- Offering a variety of play opportunities to meet the needs of children attending the clubs and camps.

It is inevitable that as children develop and learn, there are times when they need support and guidance to understand that their behaviour is not safe. Staff at the camp will try to determine the cause or triggers of the inappropriate behaviour to prevent the situation from recurring. Staff are trained in understanding behavioural difficulties for children with SEND issues e.g. autism or ADHD. However, as above, unsafe behaviour cannot be tolerated if it puts other children or staff at risk of harm or takes supervision away from other children.



## Dealing with inappropriate behaviour

- Challenging behaviour will be addressed in a calm, firm and positive manner.
- In the first instance, the child will be temporarily removed from the activity in order to have time out (space) and possibly away from the trigger.
- Staff will explore with the child why the behaviour displayed is deemed inappropriate.
- Staff will give the child an opportunity to explain their behaviour, to help prevent a recurrence.
- Staff will encourage and facilitate mediation between children to try to resolve conflicts through discussion and negotiation using the restorative practice model.
- If the inappropriate behaviour appears to be as a result of boredom, staff will consult with the child to find activities that more fully engage them.
- Staff will consult with parents to formulate clear strategies for dealing with persistent unsafe behaviour.
- We will not threaten any punishment that could adversely affect a child's well-being (e.g. withdrawal of food or drink or gifts).
- Staff will promote protective behaviours - everyone has the right to feel safe all of the time.

If after consultation with parents and the implementation of behaviour management strategies through a support plan, a child continues to display inappropriate or unsafe behaviour, Funtastic Kids may decide to exclude the child for a period of time, in accordance with our Suspensions and Exclusions Policy. The reasons and processes involved will be clearly explained to the child and parents.

## Physical intervention

Physical intervention will only be used as a last resort, when staff believe that action is necessary to prevent injury to the child or others, or to prevent significant damage to equipment or property. Physical restraint is a last resort and the other children will be removed to safe space in the first instance. At this point, parents will be called to collect their child in the interests of safety for all the children. If a member of staff has to physically restrain a child, the manager will be notified and an **Incident record** will be completed. The incident will be discussed with the parent or carer as soon as possible.

If staff are not confident about their ability to contain a situation, they should call a manager for support and parents or, in extreme cases, the police.

All serious incidents will be recorded on an **Incident record** and kept in the supervisor's file. This may be used to build a pattern of behaviour, which may indicate an underlying cause. If a pattern of incidents indicates possible abuse, we will implement child protection procedures in accordance with our **Safeguarding** policy.

## Aggressive Behaviour and unacceptable behaviour

Unacceptable behaviour and that which is deemed unsafe from children includes, but is not limited to the following:

- Shouting at members of staff or other children
- Physically intimidating another child or a member of staff, e.g. standing too close or blocking their exit
- Using aggressive or abusive hand gestures towards staff or other children e.g. shaking a fist towards another person
- Any threatening behaviour, both physical and verbal
- Swearing at staff or at other children or in front of other children



- Spitting
- Physical violence: pushing, hitting, slapping, punching or kicking
- Racist or sexist or homophobic or otherwise abusive comments
- Failing to follow instructions from staff which are intended to keep the child or other children safe e.g. trying to leave the building or grounds where the club/camp is held

At Funtastic Kids we do not tolerate such behaviour whether it is directed to the staff or any children in our care. Wherever possible, staff will try to de-escalate a situation and make reasonable adjustments. We recognise some children have additional needs (please refer to our Special Educational Needs, Disabilities and Inclusion policy, which can affect their behaviour and choices. However, behaviour that puts staff or other children at risk and affects their right to feel safe all of the time, could result in suspension or permanent exclusion from our clubs/camps. **See Suspensions and Exclusions Policy.**

#### **Restorative Practice Model:**

I feel...(child or adult describes their emotions)

When....(child or adult explains the inappropriate behaviour)

Because...(child or adult gives reasons why they don't like the behaviour and the emotions triggered)

What I would like you to do....(child or adult explains what they would like the other person to do instead)

This policy was adopted by: Funtastic Kids Ltd	Date: November 2025
To be reviewed: January 2027	Signed: Louise Holloway

**Written in accordance with the *Statutory Framework for the Early Years Foundation Stage (2025): Safeguarding and Welfare Requirements: Supporting and understanding children's behaviour [3.74] and Safeguarding [3.30]***